

Harborough District Sports and Activity Alliance (HDSAA) Newsletter No. 6 February 2007

The aim of the HDSAA is to make sport and active recreation accessible for all people throughout the Harborough District enabling them to fulfil their potential through sport and physical activity.

Club Network Event

The chance for local sports clubs to meet and discuss a number of sporting issues will take place in April. An invitation will be sent to all sports club in the 'Harborough Sports Club Directory'. It is hoped that the evening will include presentations and information from a local sports celebrity and representatives from the HDSAA, County Sports Partnership and School Sports Partnership. The evening will provide clubs with information about the HDSAA, funding, equity, club accreditation, child protection and School Sports Partnership.

Active Harborough 'gets moving'

- The launch of Active Harborough took place at Welland Park on 15/01/07 – Activities and information were provided to over 50 attendees with Nordic Walking, a Health Walk and a range of healthy snacks provided. Lisa Dobriskey (1500m Commonwealth Gold Medalist) attended.
- The launch of the Active Harborough Workforce programme took place on 30/01/07 at HDC with over 70 people attending. This will be followed up with activities requested by staff taking place at lunchtime or after work. It is hoped to expand the scheme to other businesses / organisations in the District.
- Step-o-meter training is took place on Weds 7th Feb and proved to be highly successful. A number of Harborough residents are already taking part in the twelve week programme. If you would like to take part in the project please contact Marianne or Francesca.

- The walking project at Thomas Estley School for youngsters is going well – the first group have nearly finished their 12 week project and a new group will start soon.
- A new walk for the over 50's will begin on the 12th March from Lutterworth Sports Centre. The walks will take place every Monday at 1pm.

For more details contact Marianne on 01858 821284 / m.boyle@harborough.gov.uk or Francesca on 01664 502378 / fgibson@melton.gov.uk

Web Site Coming Soon

The HDSAA has agreed to commission its own website. It will hopefully be an essential part of Market Harborough's sport and activity scene. The web site should be on line by May 2007.

School Sport participation (PESSCL)

Sessions are due to start after half term with Hockey sessions co-ordinated by Lutterworth Grammar School and Lutterworth Ladies Hockey Club, Fencing sessions at Kibworth and Lutterworth High Schools and Football sessions at Market Harborough Primary Schools.

A tag tournament for local primary is currently being organised by Market Harborough Rugby Club and Ruth Mann. The tournament will take place on 26/03/07 with 30 teams from around the District. The winning team will represent the District at the Youth Games. Ashley Stevens (Rugby D.O) and coaches from the club will run training sessions for the schools before the tournament.

HDSAA Sports and Bursary Grants

Recent grants have been awarded to

- Age Concern, Lutterworth: It was agreed that the HDSAA grant and the Health Forum would support this application. This will enable the charity to continue running their EXTEND exercise sessions and promote and develop the sessions further.
- James & Robert Sercombe: Both players from Dunton Bassett Cricket Club applied for support towards attending an ECB Coaching Assistant course.

Further grant applications of up to £250 are welcome. Grants are available to help individuals and teams with:

- Training costs
- Equipment
- Facility hire
- Coach and player development

For details contact Andrew Watson – Sports Development Officer,
Harborough District Council 01858 821289 /
a.watson@harborough.gov.uk

Thrill and Chill and Sports Day

After the success of the 2006 events this years' events are as follows;

- Clubs network day April 2007 (date TBC)
- Lutterworth Community Sports Day 30th June 2007
- Market Harborough Community Sports Day 7th July 2007
- Thrill and Chill - Welland Park 11th August 2007

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